Flome-Grown Fire Fighters by Wendy Ballas

Pick up any of the phenomenally popular Harry Potter children's books and you are sure to find Fred Weasley winding up with all his might - a big swack at the Bludger: brother George, like a streak of light racing down the Quiditch field in hot pursuit, Harry Potter gripping his broom with only his legs, stretched like a rubber band, his fingers close around the Golden Snitch. At the fictional Hogwarts School of Wizardry, even high school student, Harry Potter and his mates get regular physical activity on the Quiditch field.

So let's take a look at a current reality. Today, less than 25% of children get 20 minutes of vigorous activity daily. For females and minorities, the numbers are even less. The job of a fire fighter is considered one of the most physically demanding and dangerous. Tragic events - both locally and nationally are recent reminders. And as fire fighters, we know our work requires cardiovascular fitness, muscular strength and endurance, as well as flexibility, especially if we want to stay healthy. Given these realities, where are we going to get tomorrow's fire fighters?

First things first. Ever heard of FireFit kids? It's a Phoenix Fire Department pilot program designed to help high school students increase their knowledge about the benefits of regular exercise. The program's mission statement explains that FireFit uses firefighters to share their knowledge, enthusiasm and experience to improve

the motivation, knowledge and fitness of the community's youth. Not only that, it introduces kids to the job of a firefighter, their need for high levels of fitness, and the rewards of being fit.

Our Union President, Billy Shields is enthusiastic about the genesis of the FireFit program, dawning from an agreement between the IAFF and the IAFC, in it's earliest incarnation - a way to introduce CPAT, (PFD's physical agility test) into the local high schools. Sounds like recruitment, but that's only part of it.

The Phoenix Fire Department has saved many lives by teaching the youth of our city about Urban Survival. In a nutshell, this program has taught kids life long survival behaviors. Chief Brunacini explains, "Our communities are changing and the ways we can improve the lives of

our customers are still evolving. FireFit is another way for Phoenix Fire Fighters to share our passion, our experience, our knowledge and our reputation to make a difference in our community's youth."

The program is coordinated by
Division Chief Scott Peltin at the Training
Academy (Medical Services Division),
and provides "Peer Fitness Trainers"
who help deliver the FireFit program to
community high schools.

Peggy Bilsten, a City
Councilmember, as well as, a high
school teacher at a participating school
told Fireworks, on a chilly Saturday at
the Phoenix Training Academy, "... we
had a few 'jocks' and we had kids that
couldn't run a full lap around the track.

(continued on page 2)



Home-Grown

(cont'd from page 1)

Today, we have high school students completing the fire department physical agility with passing times." Bilsten beams, "Chief Brunacini calls FireFit kids, home-grown fire fighters." These



high school students leave the program with more confidence, discipline, healthy habits, and the real experience of setting fitness goals and actually obtaining them in a positive environment.

FireFit kids get to learn about fitness for life and how much fun physical activity is in hands on classes taught by fire fighters on subjects like, rock climbing, mountain biking, yoga, golfing, weight lifting and rowing.

Fire fighter Warren Bowden, FireFit instructor said, "Our goal is for the kids to enjoy physical activity, sure some

days we buckle down... our main focus is to have fun, be safe, and use good technique."

One Firefit student sums it up like this, "When the firefighters came in, they got really involved with us. It wasn't this thing where they talked to us, left and forgot about us – they came back every week, planned something all week long... they were genuinely interested in us".

In the make believe world of Harry Potter, wizards use magic to make lots of incredible things happen. In the Phoenix Fire Department, the only thing needed to make home-grown fire fighters are kids and <u>us</u>. FireFit kids... for our future!

Photo Essay by Darrell Wiseman











Brother and Sister Firefighters,

I would like to thank all of the members of our nation's fire departments who have supported us during this very difficult period in FDNY history.

My name is FF Michael Ripoll, and I am assigned to HazMat-1. Along with Squad 288, our firehouse lost 19 members of the 343 firefighters lost on 9/11. All of the support you have shown our department has been greatly appreciated. We will never forget what our nation's brother and sister firefighters have done for us.

Thank You, and Stay Safe,

Michael Ripoll FDNY HAZMAT 1

IAFF's 9-11 Fund Disbursing \$278,000 to Each WTC Fallen Firefighter Family

(Reprinted with permission from International Association of Fire Fighters)

The International Association of Fire Fighters and its two New York affiliates have started distributing the remaining proceeds from the New York Firefighters 9-11 Disaster Relief Fund they created on September 12. The \$111 million raised by the non-profit fund is earmarked for the families of the 344 fire fighters who were killed in the line of duty at the World Trade Center on September 11.

The 9-11 Fund directors voted to disperse checks for \$278,703.56 to each of the families of FDNY fire fighters and a fire patrolman who were killed in the tragedy. This brings the total assistance provided to each of the families to \$323,703.56, according to IAFF General President Harold Schaitberger, who serves as president of the 9-11 Fund board of directors.

"The outpouring of support and assistance from fire fighters around the world, from the corporate community, from celebrities, and from the public has been overwhelming," Schaitberger said. "We thank the American people from the bottom of our hearts for their generosity and their love."

"Amid the controversy that has been associated with so many of the September 11 funds, we have worked quietly and without fanfare to provide significant support to the widows, families, and loved ones of our fallen New York fire fighters," Schaitberger said. "Through boot drives and many

other activities, a quarter-million IAFF members have worked on behalf of these families with the same single-minded determination that was demonstrated by the thousands of New York fire fighters who risked or gave their lives at the World Trade Center."

"No amount of money can repay these widows and families for the sacrifice they've made," said Local 94 President Kevin Gallagher. Local 854 President Peter Gorman said the union was able to act rapidly to assist the families. "I am proud that our 9-11 Fund was able to move quickly to put much needed funds in the hands of the families," he said. "Within 10 days of the September 11 tragedy we provided each family with \$10,000. We followed up with \$10,000 more within three weeks, and we gave them each \$25,000 just before Thanksgiving."

Major corporations, retailers, individual donors, websites, and other labor unions also assisted and contributed to the 9-11 Fund. From the very beginning, the 9-11 Fund directors made a firm decision that they would conduct no advertising, solicitations, or marketing activities to promote the fund. Schaitberger noted that, in the end, the Fund's expenses will amount to less than one-half of one percent because the Fund used IAFF staff to manage the project and much of the outside assistance to the fund was provided on a pro bono basis. •

Drink Your Water!

If you have to make one New Year's resolution for 2002. make it to drink plenty of water! Did you know that 75% of Americans are chronically dehydrated? As little as a 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math and difficulty focusing on the computer screen or on a printed page. The biggest trigger of daytime fatigue is lack of water!

If you're trying to lose weight, water can play a significant role. Forty percent of people often mistake a weak thirst mechanism for hunger. Mild dehydration will slow down a person's metabolism by as much as 3%! A recent study at the University of Washington showed that one glass of water deterred hunger pands for 98% of dieters.

Water is essential for other health concerns as well. Research has shown that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers. Drinking five glasses of water daily can decrease the risk of colon cancer by 45%, breast cancer by 79% and bladder cancer by 50%!

How much water should you drink? A person's minimal water requirement is half their body's weight in ounces. For instance, a 200 pound man should drink 100 ounces of water (approximately 8-10 glasses) a day.

When you lift a glass to toast the New Year, make sure it's a big glass of water! ◆



Father Carl Honored!

Father Carl Carlozzi was recognized last month with the Religious Award at The Phoenix Human Services Commission's Community Recognition Dinner. The event, hosted by the PFD's Jeanine L'Ecuyer, honored Father Carl for his tireless work with the PFD, ministering to victims of fires, accidents and violence, as well as his work with All Saints Episcopal, including an aid program for Sudanese war refugees. This spring, Father Carl will retire from the ministry and become a full-time chaplain with the Phoenix Fire Department!

Our Family Melping Yours!

It takes a special person to be a volunteer. The Phoenix Fire Department is lucky to have many special volunteers who help us to offer so many services to the citizens of this city.

Thanks to the efforts of Cadet Grant Sanders, dozens of seniors now know the importance of smoke alarms in their homes!

"I volunteer, because it is a great way to meet people, and a great opportunity to learn more about the fire department," says Grant. He was born and raised in Phoenix, and recently graduated from Arcadia High School. He is now working towards a degree in Fire Science at Phoenix College and hopes to make it into the PFD Training

Academy as soon as possible!

When the Senior Outreach program enlisted the help of cadets to install smoke alarms in the homes of senior citizens, Grant stepped up to the challenge.

"I'll put one to three alarms in the home," says Grant. "Once it's in, I explain to them how it works, and how their noses don't smell smoke while they're sleeping. They get interested and start

asking questions. They want to test the smoke alarms themselves. They like it... it's a new toy!"



Grant doesn't just install the smoke alarms. He spends time with the people. "When I call them, some are kind of grouchy. Some are lonely. They have nobody to talk to. Some shed tears when they talk about family members they've lost."

That's the kind of caring and dedication demonstrated by so many of our great

volunteers. It's what customer service is all about. Thank you to all of the volunteers for your tireless efforts! ◆

2001's RBO Retreat! by Jeanine L'Ecuyer

Have you heard of "RBO?" It means, "Relationship by Objective," and it's also the name of the Labor/ Management meetings that happen every December, up in Flagstaff.

This is the 18th year that leaders of United Phoenix Firefighters Local 493 have met with top Phoenix Fire Department staff at the RBO annual retreat. Each year, the goal is the same: to identify key issues, and come up with plans to address those issues over the course of the next year.

This year's meeting was a success. The RBO group created approximately 30 draft Action Plans, covering issues as diverse as expanding our language programs... to standardizing recruit training curricula and SOP's... to figuring

out how to provide tactical premise information via the Mobile Computer Terminals.

Probably the most detailed discussion involved alternate transport. (In other words, what do we do with a customer who may not need to be carried in one of our rescues, but may need some other means of transport to a hospital or other facility?)

Members and management agreed that it's a complex issue, and one that will take time and investigation to solve. That's the beauty of the RBO process: the Flagstaff group isn't necessarily charged with solving a problem during the three days of the RBO retreat. Instead, the goal is to create teams that will work together to uncover the layers

of the problem, and begin to develop strategies to address each and every part of the issue.

By the way—are you curious about the history of the term, "RBO?"
Relationship by Objective was originally a program developed by the Federal government for use by private companies in their negotiations with labor organizations. Phoenix Fire was the first government agency to use the RBO approach, and although the form has evolved over the past 18-years, the same basic ideas are still in use today.

Finally, when you have a moment, please say a word of thanks to Bridget Collins and Capt. Chris Ketterer. They are the newly created team, responsible for organization and tracking of RBO and the Action Plans, and they did an outstanding job organizing and implementing the Flagstaff agenda.

Thanks, too, to all who participated! ♦

Many of you have asked me about Cassi, the 7-year-old girl who needed a liver transplant. The following is a short history of what happened to her and her family. The info was contributed by her Grandfather Van and Aunt Angela. Thank you, all for your prayers, thoughts and contributions.

Nov.1: Cassi was at UCLA Medical Center for a check up. All looked well and hopes were for a transplant by Nov.18.

Nov.3: The family was in San Diego to celebrate Cassi's brother Hayden's 5th birthday. At 2:30 a.m. the family got the call to have Cassi at the Medical Center in three hours. Fortunately for the family: they had their suburban with them for transportation, Grandparents were there for support, and Angela lives on the way to UCLA so someone could watch the two younger kids. The surgery lasted about 6 hours and all things looked good.

Nov.5: Cassi's kidneys were not functioning and her body started to reject the liver. Cassi was put back on the list. Blood was going through the liver, but not filtering. Dialysis was needed. Cassi was very bloated and had been retaining fluid.

Nov.6: A second liver was available from a 16-year-old, but proved to be too large to fit and too small to reduce.

Nov.8: A third liver was available from a 2-year-old from the Midwest. Surgery started at 5:30 and was over at 10:15. "Everything perked up" after connection! Oxygen saturation was 98. The doctors made a case study of the missing portal vein system which humbled the surgeons.

Nov.9: Cassi was recovering. A doctor drew pictures on a napkin to explain the surgery to Mike and Lisa. Cassi was referred to as the "One In A Million Patient!" No medical references were available for her situation. She was writing a new chapter in medicine. Blood, which should have been passing through the portal vein was passing through her intestines.

Nov.10: Cassi was on anti-rejection medications as protocol - a diuretic, constant mild pain medicines, and the doctors were trying to wean her of the oxygen.

Nov.11: Cassi's left lung collapsed. She responded to "yes" and "no" questions.

Nov.12: Cassi was put on Nitrous Oxide and dialysis was held off. "The transplant, itself was not the end of it. The recovery and the road to coming home was another part of a long journey that began two years ago this month. Your involvement in our lives has given us strength and encouragement." Mike refers to this whole experience as a "God Thing."

Nov.14: Cassi was still drugged and

medicated. It was the 12th day without verbalization. She was still on the ventilator. Liver and kidneys were working together. Rich Skidmore of Channel 3 interviews Van. Nov.17: Cassi is taken off the ventilator and extubated.

Nov.19: Cassi's color was incredible. No wires or tubes leading to her face, and her cheeks were rosy! She was moved from the Pediatric Intensive Care to Secondary Intensive Care. She was eating a pureed, no-fat diet. Was very weak, but started physical therapy with putty. She was talking, but it hurt to speak. Cousin Benjamin, who had a special relationship with her, visits. She was somewhat alert, but not completely. Nov.21: Cassi had a mainline in her chest for medications.

Nov.22: THANKSGIVING. The whole family was together - 17 relatives at one Time or another! Rich Skidmore does another television interview.

Nov.23: Cassi had a fever all day.

Nov.24: The doctors did a biopsy due to the fever. The "numbers" that monitor the liver began falling out of normal range. Through the Public Relations Department of the UCLA Medical Center, several local media outlets reported on Cassi. There was an interview with Dr. Farmer, one of the surgeons on how the second surgery was different from the first. They literally created a portal vein system for the second liver - adding to the difficulty and sophistication. They were hopeful that Cassi would be discharged in a week to 10 days.

Nov.26: The biopsy showed signs of rejection. This was expected, and would be handled with medications. Cassi started a regular diet, and the Physical Therapist began pushing Cassi in a strengthening program. She was put on a 7-day steroid regime.

Nov.30: Cassi was walking and playing!

Dec.1: Cassi's liver numbers dropped.

Oxygen level was still high. She was off methadone, but was hallucinating. She was due to be on TPN 24 hours a day and food supplements. It was a good day so there was no need for a second biopsy. She flashed a "Cassi smile!"

<u>Dec.4:</u> Liver enzymes and numbers were around 100, but needed to be 40. Doctors needed to adjust her medications. The Central line was not draining blood properly and needed to be redone. Cassi was walking stronger, eating well, taking medications, and giggling! The plan was to discharge her on Monday, Dec.10th.

<u>Dec.6:</u> Cassi's central line was redone and it was working well - draining blood and feeding lipids (soybean) to her body. She would need it for 100 days. The unplugging of her

equipment began.

<u>Dec.7:</u> Unplugging finished. Lisa, Mike, and Grandma put together a picnic, placed Cassi in a wheelchair, and went outside for lunch in the grass. It lasted two hours until Cassi got tired.

Dec.8 & 9: Cassi walked further and watched Christmas videos. UCLA's liver team began researching Cassi's old liver. Family discovers that MEDICATIONS WILL COST OVER \$1000 A MONTH. They are also told that she may be home for Christmas!!! Dec.10: "This afternoon at approximately 4:30, Cassi, Mike, and Lisa left, departed, exited, vamoosed UCLA Medical Center for their stay at the ever prestigious Tiverton House.(where Mike and Lisa and family have been staying)!" Dec.21: Family told that Cassi could go home on Sunday, Dec.23! All stitches were removed. Blood tests were scheduled for the next day to check enzymes. Since her release, she was improving dramatically. "Her spunky and charming personality comes through stronger and stronger each day. She smiles and giggles continuously and was even singing aloud with Hayden in the car today. Her skin looks radiant. She looks absolutely delicious!" Precautions will have to be taken for several months - Medications, treatments, adjustment

Dec.23: Cassi and family returned HOME!
Dec.25: The family celebrated a most wonderful Christmas together. The crew of Station 27A visit the family and have a great time with all the kids!

I personally want to thank all of you who have donated to the Five For Cassi Fund. As of the end of the year we have donated over \$1000. Remember, though that will cover just about one month's medications. We have had check donations come in from Phoenix. Scottsdale, Peoria, Cave Creek, Sun City West, Glendale, Tempe, Carefree, Gilbert, Surprise, Prescott, and also from cities in California: San Diego, Camarillo, Carlsbad, and Actou. Cash donations from all over have also been received. Thank you to Juliet Falevitch, who placed the info in the Phoenix FireWorks, which is also sent out of state. If you would like to send any further contributions, please send a check to Captain Ron Folkwein. Station 27-A. c/o North Fire District Office, 19635 N. Tatum Blvd., Phoenix, Arizona 85054. Please make the checks out to: "COTA for Cassi".

Thanks, again and Peace be with you!

— Captain Ron Folkwein, Station 27-A

To read more about Cassi Warner, you can visit the following website:

www.thecassichronicles.com

Heart Attack Survivor Meets His Rescuers!

On January 29, 2000, Engine 11 was dispatched to Tony Shostack's home, where he had suffered a cardiac arrest. The ALS crew used an AED to shock Mr. Shostack twice. He fully recovered from the incident, and on December 4th, paid a visit to his rescuers to say thanks!

Urban Survival Works!

by Linda Kirby

The Phoenix Fire Department's Urban Survival education program teaches safety information that goes beyond typical subjects such as fire, traffic and water safety.

Recently, a student at Chaparral Elementary School was approached by a stranger and asked to enter the stranger's car. Fortunately, FirePal Ed Garcia had just taught a lesson on "Check First," which outlines steps a child should take if approached by a stranger. The student remembered what FirePal Ed had taught in the Urban Survival lesson, and ran away from the stranger. The student reported the incident to her family, the school and the police. The student then told school officials and her parents what she had learned from her FirePal. After a notice was sent home to all parents, several families called in to state they had seen this same car and individual driving around their neighborhoods.

Thanks to students, teachers and administrators of Chaparral School for allowing Urban Survival into their school. It works! ◆

Who's Where

Hired

EMS

as Caseworker III Kerry Ramella as Casework Aide Shelly Gromer

Central District

as Secretary II LaNette McKinney

Resource Management

as Fire Protection Engineer James Zwerg

Promotions

to Fire Captain
David Nunez
William Rini
Matthew Roberts



God Bless America Bike!

The TITAN Motorcycle Company designed and created a bike in tribute to the victims of the September 11th World Trade Center tragedy, called "The God Bless America Bike." The Bike was displayed in the lobby of PFD Administration, then was listed on EBAY's Auction for America to raise money for charity. Unfortunately, the minimum opening bid was not met, so the bike will be put up for auction at another charity event.



<u>Jody Johnson:</u> German Shepherds are the most loyal.

<u>Jean Parkinson:</u> Labrador Retriever. Black Lab - because they're smart, sociable, lovable and a lot of service dogs are labs i.e. search dogs, seeingeye dogs. I have a 3 year old black lab who is my best buddy!

<u>Jeannette Thompson:</u> Labs...any color....They are loyal and obedient!

Greg Tope: Golden Retriever!

Tony Martarella: Dalmatians Rule! A fun dog, and a symbol of the Fire Service! Dalmatians were used back in the day when there were horses to pull the engines. The Dalmatians would help direct the horses to get to the fire. I guess they have a nose for it!

Nicole Munson: Any breed of dog rules! And if they are a part of our family, they really rule - they rule the entire house and then some!

Krista Cambern: My vote is for Yellow Labs. Why? Because my dog Buster is a yellow lab and he is a great dog. I adopted Buster when he was 1. He loves me unconditionally and is always happy to see me. Somehow he senses my feelings and responds appropriately. He is the protector of my house and me. He is extra happy and does what I call bunny rabbit hops (jumps way up in the air) when he gets to go on a walk. He also loves to go for rides in the car. He knows how to sit, shake hands, and lay down. He loves visitors and thinks each one has come over just to visit him. He is the best dog ever.

Chris Ketterer: Underdog!

Allan Aquado: Everybody knows that would have to be the English Bull Terrier. They're only the smartest, funniest, toughest and all-around-best dog a person can have. Well actually they're pretty bull-headed and behave like little kids. I just like 'em!

Paul Williams: The JUNK YARD DOG!!!! They have big teeth, and will eat anything....

Robert Lopez: My favorite dog is Hebrew National, of course! Boiled or grilled, it's delicious, topped off with some onion and chilibeans... and complemented with a side of watermelon. It's kosher! John Dean: Hey, Labrador Retrievers...Chocolate ones, Yellow ones, and Black ones! Why? They are everything people are not... and then some!

John Watson: Beagles RULE! Beagles...An ancient breed, the Beagle has been a favorite of sportsmen for hundreds of years. Known worldwide for it's abilities to hunt various quarries, the Beagle is a merry and affectionate dog, loving people and other pets alike. It adores children and makes a great companion, guarding its owner and home faithfully.

Nikki Cox: I think the breed of dog that rules is a wolf. Although my favorite type of dog is an Afghan. The reason I like the Afghan so much is because I like the size and beauty of the Afghan breed.

Michael Casillas: My choice for the dog that rules is "Vizsla". I have two of these athletic, exceptionally friendly Hungarian companions. Their sandy brown coat and matching eyes, nose and nails make them stand out from your run of the mill pooch. Another good reason this is my dog of choice is that they are irresistible to the ladies! My boys are Sampson and Cesar!

Chip Smith: My favorite breed of dog is a hot-dog. Preferably Vienna Beef, with all the fixin's, along side a cold soda. This is the type normally found outside the local Home Depots.

Al House: Rottweilers and Bull Mastiffs.

Mike Tellis: The mutt breed, they make the best dogs!!!

Tina Gibbons: Golden Retrievers rule! They are extremely loyal... both protective and gentle. Good family dog/companion dog. They are intuitive and love to please their owner.

Anonymous: English Bulldogs rule as the #1 breed, and unless you own or have owned one you wouldn't understand: English Bulldogs are like an old Harley Davidson - They drip a lot, They make a lot of useless noise, They are slow and don't maneuver well, yet everyone stops to admire them. Plus their wrinkles make them irresistible. The best thing about them in truth is their loyalty to family and their personality.

Donna White: The "Pit Bull" has been given a "bum rap" in my book. Ours has proven to be the "BEST OF BREEDS" that we've ever had in our home!!! As you can see, our girl "Temper" doesn't know pit bulls have a reputation of acting VICIOUS as she

celebrated her first birthday and enjoyed a plate of cake and ice cream. (Looks real scary, huh?) Guess with any breed, it's how you raise and love them!!!



<u>Greg Relf:</u> The best breed is the English Pointer.

Gavino Prieto: The breed of dog that rules is Labrador Retriever. I prefer the black one myself... that's what I have. His name is Blue. He is seven this year, loves to play all day, has not bitten anyone and has the best intentions when it comes to kids. He is also a great watch dog to boot. He doesn't bark all night for just anything, and loves to go hunting...of course!

Robert Wagenfehr: Daschund-Basset Hound mix, because nothing beats a wiener-dog running full speed, and it looks like their rear legs are going to pass their front legs. It is almost as if they need a tiller driver!

Leonard Wilburn: Doberman Pinchers! They are very loyal. They are fantastic family dogs. You will never have to worry about your family if you own one. They have short hair, so they shed very little. Everyone is afraid of them, so no one will bother your house, family or you!

Mary Ann Sautter: My favorite breed of dog is the wonderful "Chili Dog" because they are warm, and they taste good, you don't have to potty train them, and they don't chew up your shoes!

<u>Jeanine L'Ecuyer:</u> My favorite breed of dog: a cat!



Alan V. Brunacini, Fire Chief

Billy Shields, President, United Phoenix Fire Fighters Association, Local #493

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Dispatchers Wanted!

The Phoenix Fire Department is recruiting men and women to become Emergency Dispatchers! Dispatchers provide so many important services, including assisting the public, processing requests for emergency situations, providing pre-arrival medical instructions, dispatching and providing support to fire personnel. It's a very important job - one that's vital to the person calling 9-1-1, and the emergency personnel in the field. It's also tremendously rewarding!

Applications will be available through February 1, 2002. Applications can be obtained through the City of Phoenix Personnel Office: 135 N. 2nd Ave., Phoenix, AZ 85003-2018.

Job requirements include typing 30 wpm, fluent in English, one-year experience in public contact and clerical work, and CPR certification. Desired skills include fluency in Spanish, Emergency Medical Technician status and completed courses in Emergency Medical Communications. The hiring process includes a written exam, typing test, Perfex exam and oral interview.

More information can be obtained visiting the PFD's website at www.phoenix.gov/fire or by calling the City of Phoenix Jobline at 602-534-JOBS.

New on the Net!

Here's a new website to check out that is dedicated to professional firefighters and EMS workers... and it's based here in the Valley!

Www.firetimes.com is the new website, which was started with help from former United Phoenix Fire Fighters Association, Local 493 President Pat Cantelme. You'll find articles on everything from current industry news, technological standards and advances, and labor/management issues. There are calendars of events, features and even a section on Firehouse Cuisine! There is something for everyone, so log on to Firetimes.com!

Visit Phoenix Fire Department's Official Website at http://www.phoenix.gov/FIRE

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